



## What we're up to



اللك

## Pulse Chec







## Presence and U



**Challenges to Uniqueness** 



## A E I O U Path



#### **Pulse Check**



> What seems to be bubbling up and out?

> What are you noticing around you in how others are being?

> What is whispering to you to release, reveal, rejuvenate?

## UMath

### Question...

How many ways can you arrange 15 books on your bookshelf?

Answer = 15 choices for the first book,14 for the second, 13 for the third, etc.

Multiply it out and there are over a trillion ways to arrange just 15 books.

With 100 books, the number of possible arrangements goes up to just under  $10^{158}$  =

Math

That number is about **10<sup>70</sup> times larger** than the total number of atoms in the entire universe!

# <u>and Math</u>

Human beings have between 20,000 and 25,000 human protein-coding genes

That's 20 – 25 times more variations of arrangements than we saw on the previous slide!

#### This does not even factor in shaping elements such as:

- Location of birth, culture, country
- Family of origin, energetic patterns in the universe
- Economic/social status, education,
- Level of civilization currently supporting birth/entry
- And many more factors!



# Are you beginning to grasp just how unique you really are?

## Rresence and ll

#### Presence Is:

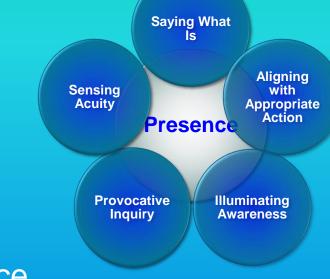
What You're Built 4

The Undiluted Essence of U

Unhookable, living from ease and grace

Intuitively knowing what, when, how, where, and if

The ability to spontaneously respond to the needs of the moment with the fullness of one's being



## challenges to Uniqueness

Societal Systems and Tribal Pressures toward conformity

> Fear – consequences, reprisals, disapproval, Isolation

Ignorance – lack of clarity of who 'you' really are and where your uniqueness lives, or a process to uncover it

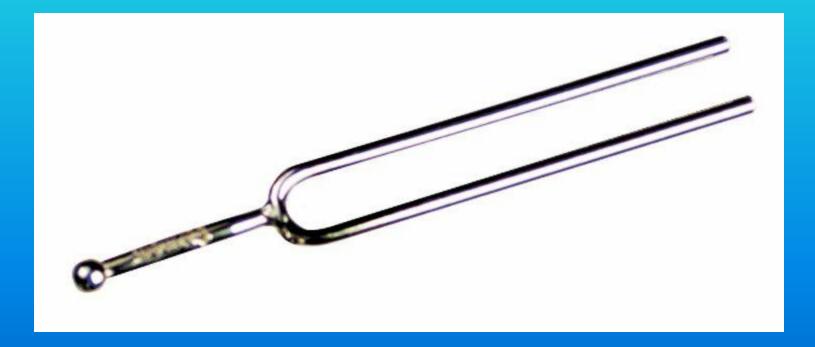
Uncertainty – having to travel the 'undiscovered country' of not knowing the path if you're not relying on someone else's



A – Attune
E – Experiment
I – Inquire
O – Own
U – Unleash

## Atture

#### Attune to What Resonates with You



## Esperiment

## Experiment





## Who Am I Without?

Mauine

Roles
Partners
History
Beliefs
Friends
Work
Credentials

Community Someone else's

- tastes
- opinions
- input
- Paradigms
- Judgments
- rules



O – Own UR: ≻methods ≽skills ≻talents >operating style Success formula ≻traits ≻joys ≻passions ➢interests ≻essence

Certificate of Title

You are now the proud owner of

(fill in name)

Mileage: \_\_\_\_?\_\_\_ Date of Purchase: May 2012

You are entitled to the full and complete expression of YOU Without apology, explanation, justification or abridgment.

Sign Here:

## Agilites and Frictors

Unleash Your Uniqueness



#### The tools for subtraction



GAP



WAIT



SEE



Feeling into the Core of the Most Intense Part of the Energy of the Feeling







SANYAMA







#### The client is...



#### ...one of a kind