

The background is a dark, star-filled space. It is filled with numerous thin, flowing lines of light in shades of orange, yellow, and red, resembling nebulae or energy trails. In the center, there is a bright, multi-pointed star or light source that creates a lens flare effect, with several thin white lines radiating from it.

Masterful Evocateur

Session

7

The Art of Calling Forth Genius



Where we're going

A

Monitoring Your **Heart**

B

Aligning with Appropriate Action

C

Frictors to Aligning with Appropriate Action

D

How Action is naturally Called forth

E

Demo

F

Calling forth your Action

Mf

Welcome Back

Heart monitor



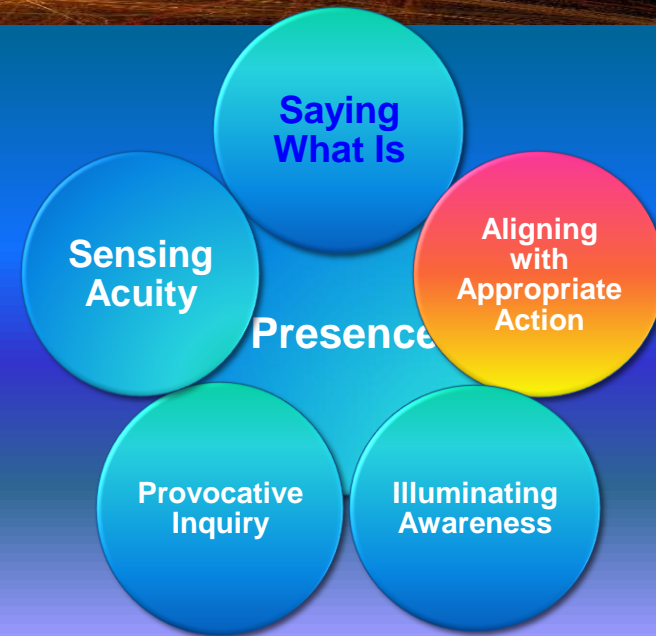
- What has become clear for you about how you're being/what you're doing with respect to what's important in your life?
- What is still foggy?
- What is 'clarity' telling you to do more of, or not do anymore?



Aligning: Defined

Aligning with Appropriate Action:

- Born of the Law of Least Effort
- In harmony with the emerging future
- Friction free
- Optimal flow
- Absent of forcing of any kind
- Attuned to the moment, the situation and the resources both apparent and available
- Sometimes taking no action at all – WAIT



M 3 Frictors to Aligning

Avoidance – Running away from taking the action that's called for



Forcing – Trying to “make it happen” when it’s not optimal

Accountability – unable to be accountable or give effectively



or unwilling one's word



Accountability Friction

Victim – “You made me do it when I didn’t want to in the first place.” (If no is not an option, yes is not a choice)

Lack of awareness – “I didn’t think it would take this much work”

Excuses – “The Facebook ate my homework”

Justifications/Explanations – “ I couldn’t do it because...”

“Till death do us part” – “If I say I’m going to do it then I have to even if I want to change my mind or I get new information”

Mf

Avoidance Frictions

“Feeling not good enough” – No matter what I do it won’t turn out right so why act?

“My feelings are my reality” – they determine whether I act, don’t act, what I act on, and how I act

“It’s just who I am” – using my beliefs, my story, my feelings, my skills, my gender, my assessment results, my age, my experiences, my culture, as an excuse

“I’m not in charge” – abdicating any/all responsibility for taking action

“I’m Uncertain” – Not knowing what to do, when to act, where to move



Mf

Forcing Frictor

Forcing comes from two places: Ego and Fear

How we force :

- To start
- To stop
- To pause
- To speed up
- To slow down
- To keep going
- To stay the same



What/ where we force:

- Timing
- Scope/Size
- Quantity
- Nature/content
- Outcome
- Methodology used
- Personnel

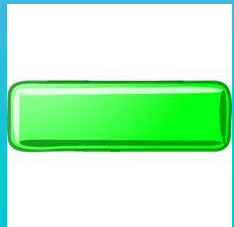


How to Call ~ Action

Action - is a natural consequence of being deeply connected to who we are, our passions, our desires and the clarity we have about their meaning in our life both at this moment and for the future.



❖ *What to add? The deepest most powerful connection to being congruent with who we are, what we're about, and what gives us meaning*

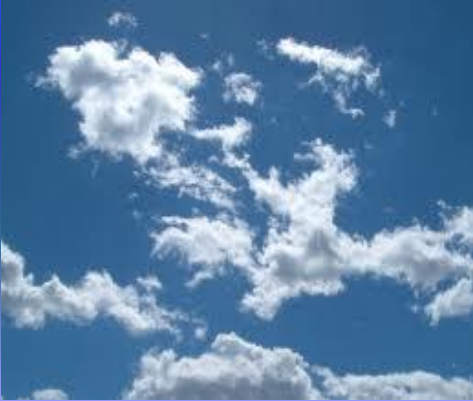


❖ *What to subtract? Any and all fears or concerns about the consequence of taking the naturally obvious actions conjured up by that deep connection*

Mp

Demo

The tools for subtraction



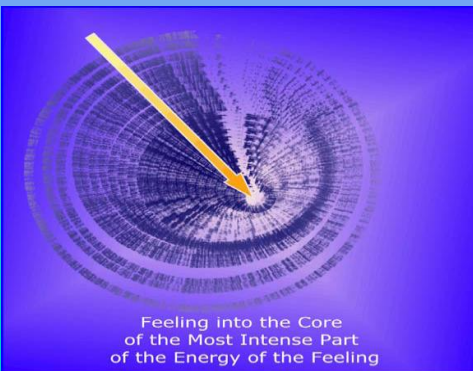
GAP



WAIT



SEE



CORE



SANYAMA

Mp

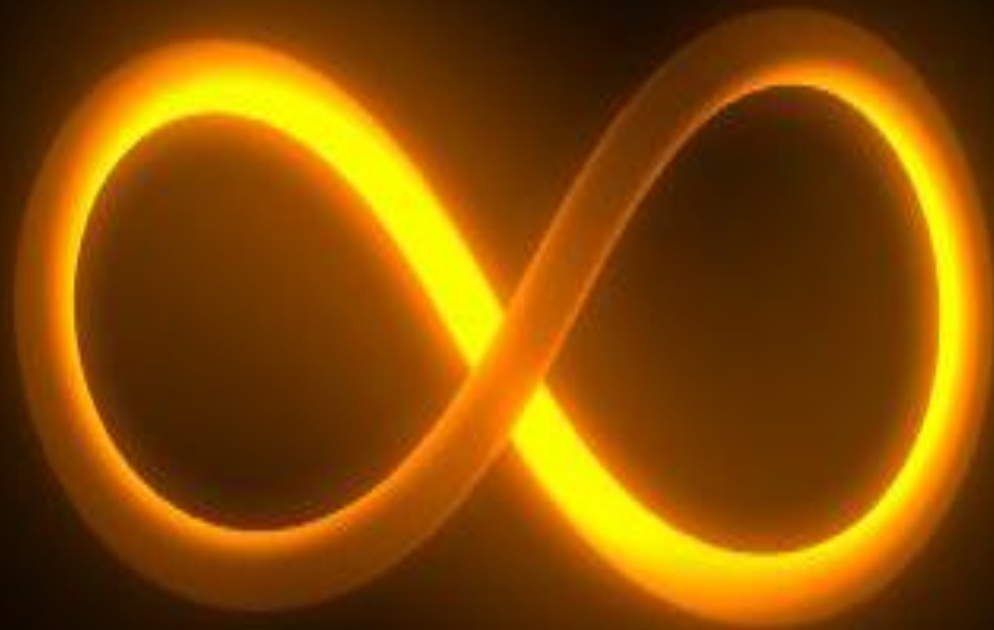
Action Potion



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Remember Always

The client is...



...privity to an infinity of actions that are in perfect alignment with what they're after