



Where we're going





Illuminating Awareness



Where we view Greatness from



Attributes of Greatness



Engaging with Frictors to Greatness



What are you up to?

Welcome Back

Who are you now?



- > What is emerging as you engage with each session?
- > Who is it within you that is still being held back?
- What needs to move, shift, transform or be relinquished in order for your greatness to be everpresent?

Illuminating Awareness

Illuminating Awareness - Subtracting that which obscures Awareness.

- •The experiencing of the fullness of Self
- •Awareness is always present and often obscured by frictors
- •Having the awareness of what is appropriate in the moment

with respect to:

- □ Action
- Waiting
- □ Reflection
- □What is not yet seen
- □Who it is that is really there
- □What is calling to be called forth



Where we view greatness from

Small view

Measurement	Other	Ме
Financial success	√	
Love success	$\sqrt{}$	
Material objects	$\sqrt{}$	
Fame	\checkmark	
Impact in the world	$\sqrt{}$	
Reach of Influence	$\sqrt{}$	
Power	$\sqrt{}$	

Historical view

Measurement	Succeed	Fail
Agreements		√
Goals	\checkmark	
Conversations	\checkmark	
Being Good Person		\checkmark
Telling the Truth	\checkmark	
Keeping my Word	\checkmark	\checkmark
To Do list complete	\checkmark	\checkmark

Comparison

"Screw Ups"

The lens we view greatness from

Internal view



What we think about ourselves

External View



What other's think about us



1/6 What is

Greatness?

Greatness is...

- ➤ Self defined only your definition matters
- ➤ Self attuned resonating with the essence of you, what you're built for and how you've been shaped by the forces of the universe
- ➤ Self expressed how it shows itself in form, style, actions, locus of attention
- ➤ Self contributed lives in the recognition that you, your self and who you are and become, ARE your contribution to the world

Fear – that if one shines truly out in the world that others won't like it

Denial – that Greatness exists inside oneself, it's seen as something 'others have but not me'

Ignorance – of the nature of the potential Greatness within

Illusions – of what Greatness is and isn't supposed to look like

Self Definition Attachment – "my ordinariness is who I am"

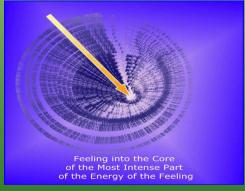


Demo

The tools for subtraction



GAP



CORE



WAIT



SEE



SANYAMA

Elixir of Greatness

